



Day 5 --- Activity Sheet

Here is what your child experienced today at CATHLETICS VBS ...

FOOTBALL

Prayer: Lord Jesus, we open our hearts to you. Thank you for blessing us with a fun and faithful week of Cathletics VBS. Help us to remember the lessons we learned and practice living them each day.

The Theme was **“VICTORY! Becoming Champions for Christ.”** God has given us so much to keep the faith alive in our hearts. Mary (our Blessed Mother) and all the saints are great Champions of the faith and have won the victory. It's our turn to follow Jesus' example and become a saint in our own special way.

- The **Virtue of the Day was justice.** We had a demonstration using a \$10 bill. It taught us that when we practice justice, we believe everyone is equal, and valued each the same.
- In the **faith station**, our team went over some highlights of the week.
- The **Saint of the Day was Saint Francis Xavier.**
- Your child brought home the Stained Glass Art work from the week **as well a group picture in a handmade frame.** You may choose to display some of your child's crafts of the week in special places in your home as reminders of his/her VBS experience.

• More general questions to ask your child:

Tell me one thing you learned about becoming a Champion for Christ?

Who was your favorite saint you learned about this week? And why?

What is one thing about this VBS that you always want to remember?

What was your favorite part of the VBS week?

The Bible Verse of the Day:

“Rejoice always, pray constantly, give thanks in all circumstances...” *1 Thessalonians 5:16-18*

**repeat this scripture to your child a few times to see if they can memorize it or ask them to teach you the song they learned in the faith station.*

The Challenge today is:

Write a letter or draw a picture and send it to their favorite professional sport team or a favorite player. Tell them what a difference they are making in your life and in the lives of other young kids.

Thank you for participating at our VBS! We hope you enjoyed this week and that it sparked your heart to aim for nothing less than becoming a Champion for Christ. We hope to see you all back next year! IC's VBS traditionally is the full week prior to the week leading up to IC's festival (last weekend of July). Hope to see everyone at this year's festival July 28 & 29th...consider wearing your Cathletics shirt!

Many thanks to our Teen and Adult volunteers, as well as the IC Parish staff. Without them, this wonderful week would not be possible.

